

NORTH SHORE HEBREW ACADEMY LUNCH MENU

We encourage students to try new foods and eat the lunch that is provided. We provide alternatives for those children who do not care for the daily lunch choice. On dairy days, we offer yogurt, whole grain cereal, cheese or soy butter sandwiches. On meat days, there is low fat tuna salad. Salad bar and seasonal fruit are offered daily. Please send only pareve snacks with your children on days when meat is being served.

OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/3 NO SCHOOL 1ST DAY ROSH HASHANAH	10/4 NO SCHOOL 2ND DAY ROSH HASHANAH	10/5 PIZZA (OLD MILL – EARLY DISMISSAL)	10/6 VEGGIE CUTLETS - SOUP	10/7 BROWN BAG LUNCH. DAIRY OR PARVE ONLY PLEASE
10/10 MAC & CHEESE	10/11 NO SCHOOL EREV YOM KIPPUR	10/12 NO SCHOOL YOM KIPPUR	10/13 TUNA, BAGELS, BOILED EGGS, SOUP, CHEESE	10/14 BROWN BAG LUNCH. DAIRY OR PARVE ONLY PLEASE
10/17 NO SCHOOL 1ST DAY SUKKOT	10/18 NO SCHOOL 2ND DAY SUKKOT	10/19 PIZZA OCTOBER BIRTHDAY CELEBRATIONS	10/20 FALAFEL & BOUREKAS	10/21 BROWN BAG LUNCH. DAIRY OR PARVE ONLY PLEASE
10/24 NO SCHOOL SHEMINI ATZERET	10/25 NO SCHOOL SIMCHAT TORAH	10/26 PIZZA	10/27 BAKED FISH	10/28 BROWN BAG LUNCH. DAIRY OR PARVE ONLY PLEASE
10/31 BAKED ZITI		LISA PARKER FOOD SERVICES DIRECTOR 516-487-8687 x129		ESTHER ELIAN OLD MILL COORDINATOR 516-487-9163 x229
NORTH SHORE HEBREW ACADEMY ישיבת חוף הצפון				

We need your help serving lunch. Please volunteer, whether you are available one day a week, a month or all year! Call or email the lunch captain in charge of the day you can help. We greatly appreciate it! Thank you!